Lumps and Ulcers

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Lumps: History

- When first noticed?
- What made patient notice the lump?
- Symptoms of the lump?
- Change since first noticed?
- Does it ever disappear?
- Any other previous lumps?
- Does patient know the cause?
Lumps: Examination

- Site
- Size
- Shape
- Surface
- Colour and texture of skin
- Composition
- Temperature
- Tenderness
Lumps: Examination 2

- Edge
- Reducibility
- Relation to surrounding structures
- Regional lymph nodes
- Local tissues
- Always examine the whole patient!
Lumps: Composition

- Consistence: Stony hard
  - Rubber
  - Spongy
  - Soft

- Fluctuation
- Fluid thrill
- Translucency
Lumps: Composition

- Resonance
- Pulsatility
- Compressibility
- Bruits
Ulcer: History

- When first noticed?
- What made patient notice the ulcer?
- Symptoms of the ulcer?
- Change since first noticed?
- Any other previous ulcers?
- Does patient know the cause?
Ulcer: Examination

- Site
- Shape (Draw)
- Size
- Color
- Tenderness
- Temperature
Ulcer: Examination

- Base: What you feel
- Floor: What you see
- Edge: Sloping
  - Punched-out
  - Undermined
  - Rolled
  - Everted
- Depth (mm and anatomically)
Sloping
(a healing ulcer)

Punched-out
(syphilis, trophic)

Undermined
(tuberculosis)

Rolled
(basal cell carcinoma)

Everted
(squamous cell carcinoma)
Ulcer: Examination

- Discharge (offensive)
- Relations
- Lymph nodes
- State of local tissues: Blood Supply, Innervation, Skin signs
- Always examine the whole patient!